

A WORKSHOP ON PERSONALITY DEVELOPMENT

Malla Reddy college of Engineering and Technology, conducted a well planned training programme for the first year B. Tech students from September 17- 24. The training programme was taken up by COIGN consultants Pvt. Ltd., a team of active minds. The team conducted group discussions, role plays, JAM sessions, Creative group activities, problem solving situations, speaking activities. Almost every student was given a chance to speak on the stage. The team made the students step out of their comfort zones. Students involved themselves as they took part in group activities.

The team emphasized on SWOT analysis as it lets the students know their strengths and weaknesses. They also talked about “personal branding”, self esteem and self motivation. The students were encouraged to participate in Mock interviews in order to bring them out of their comfort zones.

The outcome was positive for many students could get rid of stage fear.